

No. 211/1/2021-22-CCSCSB  
Government of India  
Ministry of Personnel, Public Grievances & Pensions  
Department of Personnel & Training  
**CENTRAL CIVIL SERVICES CULTURAL & SPORTS BOARD**



Room No.361, 'B' Wing, 3<sup>rd</sup> Floor  
Lok Nayak Bhawan, New Delhi-3  
Dated the 16<sup>th</sup> November, 2021

**CIRCULAR**

**Subject : Azadi ka Amrit Mahotsav – promoting women participation in sports- “ नारी समागम एवं स्पर्धा”**

To mark 75 years of independence of India, Government of India is celebrating Azadi ka Amrit Mahotsav. The objective of the Mahotsav is to enhance interaction and promote mutual understanding between people of different States and Union Territories by conducting activities in the field of language and culture.

2. To commemorate the glorious history of Indian people and culture, Central Civil Services Cultural and Sports Board (CCSCSB) is organizing a Women's Sports Meet “ नारी समागम एवं स्पर्धा” a Mega Event for Central Government Civilian Women Employees of all Ministries/Departments located in Delhi/New Delhi, on 22<sup>nd</sup> December 2021 (Wednesday) at Vinay Marg Sports Complex, Chankyapuri, New Delhi from 10.00 AM onwards.

3. All Civilian women employees of Government of India are invited to participate in the event to promote women's participation in sports. The entries for the event may be submitted in the prescribed proforma (annexed) to Secretary, Central Civil Services Cultural & Sports Board office, Room No 361, 'B' Wing, Lok Nayak Bhavan, Khan Market, New Delhi - 110003 or through email at [doptsports@gmail.com](mailto:doptsports@gmail.com). The last date of submission of entries is 17<sup>th</sup> December 2021 (Friday).

4. The purpose of organizing this Women's Sports Meet is to create awareness and to enhance Women's participation in various cultural and sports activities organized by CCSCSB and also to inform them about the benefits, facilities and incentives provided to sportspersons by the Govt. This will also encourage Women employees to not only participate in sports events, but also help to adopt healthier lifestyle and increase their self-esteem, teamwork, confidence, improve their social skills and support positive mental health.

5. The following Events will be conducted on Women's Sports Meet:-

Srl.	Sport	Events to be conducted
(a)	Athletics	100 Mtr Race
		Long Jump
		Ball Throw
		4x50 Mtr Relay Race
(b)	Kho-Kho	6 a side (Duration - 10 minutes)
(c)	Cricket	6 overs, 6 a side
(d)	Football	6 a side with rolling substitution (Duration- 15 minutes)
(e)	Basketball	Throw ball in the basket (Duration One Minute/30 Seconds)
(f)	Powerlifting	Lifting of weight from earth to knee
(g)	Kabaddi	6 a side (Duration - 10 minutes)
(h)	Volleyball	

Note : - The number of Events and Time Duration are subject to receipt of entries

6. The following categories of employees are not eligible for participation in this competition:-

- (a) Uniformed personnel in Defence Services/Para Military Organisations/ Central Police Organisation/Police/RPF/CISF/BSF/ITBP/NSG etc.
- (b) Employees of Autonomous bodies/Undertakings/Public Sector Banks/Corporations even though administratively controlled by the Central Ministries.
- (c) Casual/Daily wages workers.
- (d) Employees attached to offices on temporary duty.

7. The winners (1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place) will be awarded Medals, Tea & Lunch, Participation certificates and a Souvenir will be awarded to all participants.

8. A short cultural programme will be held during the lunch break.

9. Only fully vaccinated employees shall be permitted to participate in the Meet. Final vaccination certificate shall be checked at entry point. Those with one vaccine only shall submit negative RT-PCR report done before 72 hours of the event.

10. The general instructions as per SOP/ Guidelines of COVID-19 issued by Central/State Govt., are to be strictly followed by all players and supporting staff during the competition (**Annexure-II**). If it is found in case general instructions are not followed by any player/ official in the tournament, he/she shall be liable to be debarred from the tournament.

11. Participants shall be allowed to avail "special casual leave" as per Circular number F.No.6/1/85-Estt. (Pay-I) dated 16.7.1985. Welfare Officers are requested to allow women employees of their Ministries/Deptt to participate in this Mega Event liberally. They will submit a participation certificate to their Departments issued

from CCSCSB. The participants must carry their official Identity Card for verification.

12. For any query and assistance, kindly contact the following persons:-

- (a) Ms Kumutha N, Convener Volleyball -9560930194
- (b) Ms Jyoti, Convener Wrestling - 7827653570
- (c) Ms KavitaKumari, Convener Kabaddi - 9968626477
- (d) Ms Malika Taneja, Convener Powerlifting - 9654870130

13. This circular may be given wide publicity.

  
(Kulbhushan Malhotra)  
Secretary (CCSCSB)

To -

1. The Welfare Officers of All Ministries/ Departments
2. Area Welfare Officers of all Government Colonies
3. Ms Kumutha N, Convener Volleyball (9560930194)
4. Ms Jyoti, Convener Wrestling (7827653570)
5. Ms Kavita Kumari, Convener Kabaddi (9968626477)
6. Ms Malika Taneja, Convener Powerlifting (9654870130)

Copy to :-

- PPS to AS (Admn), DoPT, North Block, New Delhi
- PS to Dir (Admn), DoPT, North Block, New Delhi

ENTRY PROFORMA FOR WOMEN'S SPORTS MEET - "नारी समागम एंव स्पर्धा" .

1.	Name & Designation of Participant (in BLOCK Letters)	
2.	Ministry/Deptt.	
3.	I Card No. (Attach copy of I Card)	
3.	Mobile No.	
4	Email	
5.	Tick (✓) mark the sports in which you want to participate (Can tick any number of events)	
i.	100 Meter Race	
ii.	Long Jump	
iii.	Ball Throw (Ball weight 158 gms)	
iv.	4 x 50 Meter Relay Race	
v.	Kho-Kho	
vi.	Cricket	
vii.	Football	
viii.	Basketball	
ix.	Powerlifting	
x.	Kabaddi	
xi.	Volleyball	

I hereby declare that I am aware of accidents, risk and death hazards that are involved in taking part in the above meet. I shall not hold the CCSCSB responsible for any of the mishaps/accidents/injuries that might occur during tournament.

(Signature of Participant)

Signature (Welfare Officer) .....

(Rubber Stamp)

Name .....

Tele. No (O) .....

e-mail if any .....

GENERAL INSTRUCTIONS FOR PLAYERS AND SUPPORTING STAFF

1. Only fully vaccinated employees shall be permitted to participate in the event. Final vaccination certificate shall be checked at entry point. Those with one vaccine only shall submit negative RT-PCR report done before 72 hours of the event.
2. No extra person other than player and designated officials will be allowed inside the playing hall/Field of Play.
3. Thermal screening of all players/officials shall be checked by a non-contact thermometer (wrist/forehead).
4. Physical distancing of at least 6 feet to be strictly followed except while playing.
5. Personal equipment such as gloves, face masks, mouth guard, helmet, shin guards, wrist band, head band, shoes etc shall be used without sharing.
6. No hand shake and high five is allowed.
7. Equipment which is bound to be shared and utilised continuously during event must be used carefully without using such equipment to rub/ touch face, remove sweat, cover mouth while hyperventilating etc.
8. Wearing of Face masks will be mandatory at all times except while playing. All participants and officials must carry their own Face mask, hand sanitizer and water bottle all the times during the event.
9. While not at field of play, wash your hands with soap even when hands are not visibly dirty. Use of alcohol based hand sanitizers can be made wherever feasible.
10. Strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
11. In any player/official or his/her family member/relative is suspected/tested positive for COVID-19 to whom the player/official has been sharing common living space or has been in contact, then it is expected from the concerned Player/Official to inform the Covid Task Force/Officials immediately and refrain from attending the event to prevent risk of exposing others.
12. At venue all the players/officials may ensure and implement the instructions strictly as issued by the MHA Govt. of NCT of Delhi from time to time.

13. Only those players are permissible in the field of play whose events are in progress. The next lot of players and officials should wait outside the field of play and shall enter the field of play once the players from previous event will leave the field of play.
14. Use covered dustbins to manage used masks and waste materials.
15. Aarogya Setu App must be installed in the phones of all participants/officials. Entry will be allowed in the venue only if the status is found to be "Safe".
16. All players are requested to support the Covid Task Force to ensure that the Covid norms are followed strictly.